

Stronger Businesses & People

Six Sigma – Yellow, Green & Black Belts

Six Sigma is a Continuous Improvement method used by companies like Amazon, Toyota and Boeing, to increase customer satisfaction and profit.

- The Yellow Belt Course is the introductory level of training, giving students an understanding of the evolution of Six Sigma, why and how it is used, and an introduction to the DMAIC process. 2-day Workshop.
- The Green Belt Course focuses improving production process and minimizing defects, with a greater focus on the practical implementation of these tool and techniques in the organization. 4-day Workshop.
- The Black Belt course gives a comprehensive understanding of the various Six Sigma tools and techniques with a focus on leading multiple Continuous Improvement projects. In this 8-day Workshop, participants gain a deeper understanding of the DMAIC process and learn how to apply Six Sigma principles to leading multiple successful projects for their organisation. Participants also learn how to teach these techniques to project team members and coach Green Belts toward successful completion of their projects.



Emotional Intelligence for Leaders & Teams

Tapping into the best of your people for measurably increased engagement, revenues and business outcomes.



- Using the GENOS Leadership Emotional Intelligence Model, developed in Australia for Australian Leaders in conjunction with Swinburne University, businesses can evaluate and increase Emotional Intelligence amongst their Leadership Team. One of the best predictors of employee engagement and retention, is how Emotionally Intelligent their Leaders are. Can your business afford NOT to pay attention to this essential Leadership competency?
- With Mindfulness X, a Psychology-based Mindfulness program, Teams can increase their stress resilience, bounce-back and optimism, to enhance communication, teamwork and engagement. The resilient Teams are those who pull together when times are tough, ensuring smooth business operations in troubled times. 8-week Training Programs and Individual Coaching available.

Bell Training Group Pty. Ltd.

Ph: 1300 368 414 or email enquiries@belltraininggroup.com.au

www.belltraininggroup.com.au

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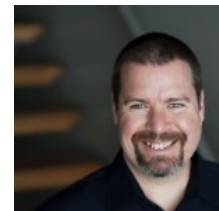
Strengths Profiling & Strengths-Based Executive Coaching

Since 2009, the Strengths Profile® has been used by over a **quarter of a million people** around the world to gain a deep understanding of how to **leverage their unique character strengths**. Designed by Alex Linley and his team at the *Centre for Applied Positive Psychology*, the Strengths Profile is used by **world-leading organisations** including Oracle, Aviva, Ernst & Young and HSBC.

This **scientifically robust, second-generation** profiling tool is a clear measure of 60 character strengths - and how to apply them in the real world for better outcomes. Unlike traditional behavioural profiles, R2 measures strengths, on not only *performance* and *use*, but adds the distinct third measure of *energy* – that is, how exhausting or energising each strength is for you to use. In this way, you **gain a personal roadmap** of how to use your best strengths to **stay energised** and firing on all cylinders – and an understanding of how to minimise the risk of using the strengths that you find de-energising. This allows you to **design your own “best fit” strategies** for realising your full potential, minimising weaknesses and **optimising your performance and wellbeing**. Profiling for Leaders and their Teams, with individual Coaching and Workshops to debrief, are a sure-fire way to boost your people – and your organisation.

Your Expert Facilitators

Hayden Bell is a qualified and Experienced Lean Six Sigma Black Belt Professional who specialises in applying Six Sigma Methodology to industries outside of manufacturing. Hayden has vast experience in Training, Leading and Implementing Six Sigma Tools and Techniques in industries including; Logistics & Supply Chain, Retail, Finance, Sales and Customer Service.



Hayden Bell

Catherine Bell is a passionate and inspiring Organisational Development Professional, specialising in Applied Positive Psychology for the workplace and Emotional Intelligence for Leaders & Teams. Catherine is an ABNLP-Recognised Trainer of NLP, Certified HeartMath Provider, GENOS Emotional Intelligence Profiler, Certified Member of the Australian HR Institute and Associate Certified Coach with the ICF. Servicing clients as diverse as BMW, Bank of Queensland and Toll Logistics, Catherine has helped thousands of professionals shine through her Coaching, Workshops and Consulting services.



Catherine Bell



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