

CATHERINE BELL

MOTIVATIONAL SPEAKER



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"Not only was Catherine highly informative, but wonderfully funny and entertaining, and lifted the room. Catherine earns my highest recommendation"
Helen Turnbull, Head, Retail Learning Channel



CATHERINE BELL

An inspiring International Speaker, Facilitator and Coach, Catherine Bell is frequently invited to speak at global conferences and positive psychology summits, as well as leadership forums, universities and private events in all sectors.

Catherine's warm delivery, down-to-earth approach and drive to make a difference is a breath of fresh air and leaves audiences inspired.

TOPICS

Sharing messages of hope, inspiration and resilience in business and life, Catherine speaks on the topics of: *Positive Psychology and the science behind it, Brain-Based Behavioural Change, The Power of Emotional Intelligence, and Building Resiliency.*

BOOK CATHERINE TODAY

For more detailed information on Catherine or to book her for your event please contact Catherine on **1300 368 414** or via email to **catherine@belltraininggroup.com**

www.belltraininggroup.com.au

PRAISE FOR CATHERINE

"Catherine is nothing short of an inspiring powerhouse, a transformative professional that leaves a resounding impression."
Kirsten Macdonald, Editor,
Pondering, Digital Magazine

"Catherine showed extensive understanding of leadership and its surrounding topics. Demonstrating versatility and professionalism to ensure an optimal pitch and tone was held throughout." **Paul Hollingsworth,**
(Former) Operations Executive,
Liquid Learning

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